


# Hudson Area Nutrition Program May 2018 Menu

Serves Mon. through Thurs. (*\*Fridays serves congregate only*) at the Hudson Senior Center  
**1320 Wisconsin Street, Hudson** *Call 715-386-8709 24 hours in advance for a meal*  
*Due to circumstances beyond our control, menu changes may occur from time to time.*

| Monday                                                                                                                                                                                                                                                         | Tuesday                                                                                                             | Wednesday                                                                                                   | Thursday                                                                                                                   | Friday<br>(On-Site Dining Only)                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <p>Suggested Donation for:<br/> Congregate Dining: <b>\$5.00 per meal</b><br/> Home-delivered Meals:<br/> <b>\$6.50 per meal</b><br/> Please pay as much as you can afford,<br/> as we rely on donations from<br/> participants to keep the program going.</p> | <p><b>1</b> Spag. w/ meat sauce<br/> Italian Green Beans<br/> Tossed Salad<br/> Chef's Dessert</p>                  | <p><b>2</b> Pork Chow Mein<br/> White Rice<br/> Crisp Noodles<br/> Mixed Greens<br/> Chef's Dessert</p>     | <p><b>3</b> Country Fried Steak<br/> Mashed Potatoes<br/> Vegetable<br/> Coleslaw<br/> Chef's Dessert</p>                  | <p><b>4</b> Kielbasa<br/> Macaroni &amp; Cheese<br/> Baked Beans<br/> Coleslaw<br/> Chef's Dessert</p>          |
| <p><b>7</b> Chopped Sirloin<br/> Baked Potato<br/> Grilled Onion<br/> Mixed Greens<br/> Chef's Dessert</p>                                                                                                                                                     | <p><b>8</b> Roast Chicken<br/> Mashed Potatoes<br/> Kernel Corn<br/> Coleslaw<br/> Chef's Dessert</p>               | <p><b>9</b> Tater Tot Hotdish<br/> Green Beans<br/> Mixed Greens<br/> Chef's Dessert</p>                    | <p><b>10</b> Chicken Chow Mein<br/> White Rice<br/> Crisp Noodles<br/> Tossed Salad<br/> Chef's Dessert</p>                | <p><b>11</b> BBQ Ribs<br/> Oven Brown Potatoes<br/> Kernel Corn<br/> Coleslaw<br/> Chef's Dessert</p>           |
| <p><b>14</b> Old Thyme Hotdish<br/> Vegetable<br/> Garlic Toast<br/> Tossed Salad<br/> Chef's Dessert</p>                                                                                                                                                      | <p><b>15</b> Fried Shrimp<br/> Tater Barrels<br/> Carrots Vichy<br/> Coleslaw<br/> Chef's Dessert</p>               | <p><b>16</b> Roast Pork<br/> Oven Brown Potatoes<br/> Sauerkraut<br/> Coleslaw<br/> Chef's Dessert</p>      | <p><b>17</b> Scalloped Potatoes<br/> w/ Ham<br/> Green Beans<br/> Coleslaw<br/> Chef's Dessert</p>                         | <p><b>18</b><br/><br/> CLOSED<br/> Lunch Out<br/> call site for details</p>                                     |
| <p><b>21</b> Bratwurst Patty on a bun<br/> Garlic Mashed Potatoes<br/> Vegetable<br/> Coleslaw<br/> Chef's Dessert</p>                                                                                                                                         | <p><b>22</b> Swedish Meatballs<br/> Potatoes &amp; Gravy<br/> Vegetables<br/> Coleslaw<br/> Chef's Dessert</p>      | <p><b>23</b> Chicken Chow Mein<br/> White Rice<br/> Crisp Noodles<br/> Tossed Salad<br/> Chef's Dessert</p> | <p><b>24</b> Roast Turkey<br/> Mashed Potatoes<br/> Dressing, Peas &amp; Carrots<br/> Tossed Salad<br/> Chef's Dessert</p> | <p><b>25</b> Baked Ham<br/> Au Gratin Potatoes<br/> Peas w/ mushrooms<br/> Tossed Salad<br/> Chef's Dessert</p> |
| <p><b>28</b><br/><br/> CLOSED<br/> Memorial Day</p>                                                                                                                                                                                                            | <p><b>29</b> Chicken Wild Rice<br/> Dish<br/> Green Beans<br/> Mixed Greens<br/> Breadstick<br/> Chef's Dessert</p> | <p><b>30</b> Baked Cod<br/> White Rice<br/> Broccoli<br/> Coleslaw<br/> Chef's Dessert</p>                  | <p><b>31</b> Baked Ham<br/> Au Gratin Potatoes<br/> Peas w/ mushrooms<br/> Tossed Salad<br/> Chef's Dessert</p>            |                            |